



HOUSTON IYENGAR
YOGA
S • T • U • D • I • O

4916 Main Street, Suite 220, Houston, TX 77002 | www.houstoniyengaryoga.com | 713.527.9100

FREE INTRODUCTORY CLASSES

will be held in our studio the week of January 2–8, 2019

Wednesday, Jan. 2	11am–12:30pm / Level I	Constance
Thursday, Jan. 3	4:00–5:30 / 50+	Constance
	5:45pm–7:15pm / Level I	Joyce
Saturday, Jan. 5	10:30am–noon / Level I	Joyce
Sunday, Jan. 6	4pm–5:30pm / Level I	Jimena
Monday, Jan. 7	11am–12:30pm / 50+	Constance
Tuesday, Jan. 8	7:30–9:00pm / Level I	Samantha

**To register, call the studio at 713.527.9100.
Register for as many classes as you like.**