



HOUSTON IYENGAR  
**YOGA**  
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4916 Main Street, Suite 220, Houston, TX 77002 | [www.houstoniyengaryoga.com](http://www.houstoniyengaryoga.com) | 713.527.9100

## FREE INTRODUCTORY CLASSES

will be held in our studio the week of September 2–8

<b>Sunday, Sept. 2</b>	<b>4pm–5:30pm / Level I</b>	<b>Jimena</b>
<b>Monday, Sept. 3</b>	<b>11am–12:30pm / 50+</b>	<b>Constance</b>
<b>Tuesday, Sept. 4</b>	<b>7:30pm–9pm / Level I</b>	<b>Samantha</b>
<b>Wednesday, Sept. 5</b>	<b>11am–12:30pm / Level I</b>	<b>Constance</b>
<b>Thursday, Sept. 6</b>	<b>5:45pm–7:15pm / 50+</b>	<b>Constance</b>
<b>Saturday, Sept. 7</b>	<b>10:30am–12:00pm / Level I</b>	<b>Joyce</b>

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**To register, call the studio at 713.527.9100.  
Register for as many classes as you like.**